

Patient's Name _____

Today's date: _____

PEDIATRIC SUDDEN CARDIAC DEATH RISK ASSESSMENT FORM

In 2008, the American Heart Association urged that children and adolescents being treated for ADHD be screened to identify individuals who might be at increased risk of sudden, unexpected cardiac death from structural heart abnormalities or hereditary heart rhythm abnormalities. These are rare problems, and they are not more common among those being treated for ADHD. To address these new recommendations, please fill out this form as completely as possible (I understand that access to family history in genetic relatives may be limited for adopted children) and return it to my office, at the address below.

PATIENT HISTORY QUESTIONS (Please answer **YES** or **NO**):

- Has your child fainted or passed out DURING exercise, emotion, or startle? _____
- Has your child fainted or passed out AFTER exercise? _____
- Has your child had extreme fatigue associated with exercise (different from other children)? _____
- Has your child ever had unusual or extreme shortness of breath during exercise? _____
- Has your child ever had discomfort, pain, or pressure in his/her chest during exercise or complained of his/her heart "racing or skipping beats"? _____
- Has a doctor ever told you that your child has high blood pressure, high cholesterol, a heart murmur, or a heart infection? (If "yes," circle any that apply, and explain, below) _____
- Has a doctor ever ordered a test for your child's heart? _____
- Has your child ever been diagnosed with an unexplained seizure or exercise-induced asthma? _____

FAMILY HISTORY QUESTIONS (Please answer **YES**, **NO**, or **NOT KNOWN**, as appropriate):

- Are there any family members who had a sudden, unexpected death before age 50 (including from sudden infant death syndrome [SIDS], car accident, drowning, or other causes)? _____
- Are there any family members who died suddenly of "heart problems" before age 50? _____
- Are there any family members who have had unexplained fainting or seizures? _____
- Are there any relatives with certain conditions such as:
- Hypertrophic cardiomyopathy (HCM) _____
 - Dilated cardiomyopathy (DCM) _____
 - Aortic rupture or Marfan syndrome _____
 - Coronary artery atherosclerotic disease (heart attack, age 50 years or younger) _____
 - Arrhythmogenic right ventricular cardiomyopathy (ARVC) _____
 - Long QT syndrome (LQTS) _____
 - Short QT syndrome _____
 - Brugada syndrome _____
 - Catecholaminergic polymorphic ventricular tachycardia (CPVT) _____
 - Primary pulmonary hypertension _____
 - Pacemaker or implanted cardiac defibrillator _____
 - Congenital deafness (deaf at birth) _____

On the other side of this sheet, please explain any "yes" answers (attach additional paper, if needed), and return to :

Thank you!