

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Instructions:** This interview is intended to be used to conduct a quick interview screening for the likely existence of Attention-Deficit/Hyperactivity Disorder in adults (age 18 or older).

Interview the patient by asking them the following items. Then place a check mark in the column if they answer **Yes** to that item.

**Note:** This scale does not constitute a formal diagnosis of ADHD but only a means of quickly determining if a patient may have the disorder. If so, a more thorough evaluation may be indicated.

► **Current ADHD Symptoms**

Interviewer, say:

*“I would like to ask you a number of questions about your behavior during the past 6 months. For each behavior I ask you about, I want to know if it occurs often: that is, I want to know if this behavior occurs frequently or more often than in other people of your age group. You should not elaborate on the answers unless I ask you to do so. Just tell me, yes or no, whether these difficulties occur often for you or not.”*

(Note: repeat the word “Often” periodically as you proceed through this list)

Do you:	Check if Yes
1. Often make decisions impulsively?	<input type="checkbox"/>
2. Often have difficulty stopping activities or behavior when you should do so?	<input type="checkbox"/>
3. Often start projects or tasks without reading or listening to directions carefully?	<input type="checkbox"/>
4. Often have poor follow-through on promises?	<input type="checkbox"/>
5. Often have trouble doing things in proper order?	<input type="checkbox"/>
6. Often drive with excessive speed?	<input type="checkbox"/>
7. Often become easily distracted by extraneous stimuli?	<input type="checkbox"/>
8. Often have difficulty sustaining attention in tasks or leisure activities?	<input type="checkbox"/>
9. Often have difficulty organizing tasks and activities?	<input type="checkbox"/>

Total the number of check marks for **Total Symptoms — Current** \_\_\_\_\_

## ► Areas of Impairment

Interviewer, say:

*“If you had any problems I just mentioned, did these problems interfere significantly with your ability to function as well as others in the following areas?”*

In your:	Check if Yes
1. Occupation or job?	<input type="checkbox"/>
2. Social life?	<input type="checkbox"/>
3. Educational activities?	<input type="checkbox"/>
Total the number of check marks for <b>Total Areas</b> _____	

## ► Recall of Childhood Behavior

Interviewer, say:

*“Now I would like to ask you some questions about your behavior during your childhood years. Think back to when you were between the ages of 5 to 12 years, such as when you were in elementary school. For each behavior I ask you about, I want to know if it occurred often back when you were a child; that is, I want to know if this behavior occurred frequently or more often than in other children. Again, you should not elaborate on the answers unless I ask you to do so. Just tell me, yes or no, whether these difficulties occurred often for you when you were a child.”*

When you were a child, did you:	Check if Yes
1. Often fail to give close attention to details or make careless mistakes in your work?	<input type="checkbox"/>
2. Often have difficulty sustaining attention in tasks or fun activities?	<input type="checkbox"/>
3. Often feel restless?	<input type="checkbox"/>
4. Often avoid, dislike, or were reluctant to engage in work that required sustained mental effort?	<input type="checkbox"/>
5. Often forget things in your daily activities?	<input type="checkbox"/>
6. Often interrupt or intrude on others?	<input type="checkbox"/>
Total the number of check marks for <b>Total Symptoms — Childhood</b> _____	

## ► Scoring

Does the patient have 6 or more current symptoms of ADHD?  Yes  No

**And** Does the patient have 4 or more childhood symptoms of ADHD?  Yes  No

**And** Does the patient have 2 or more areas of life impairment?  Yes  No

If yes to all of above, they have an 87% chance of having ADHD, a 0% chance of being classified as normal without any disorder, and a 13% chance of having a psychiatric disorder other than ADHD.

1. Barkley, R.A. and Murphy, H.R. Identifying New Symptoms for Diagnosing ADHD in Adulthood. *ADHD Report*. 2006;14(4): 7–11.
2. Barkley, R.A. and Murphy, H.R. (Book in Press). Guilford Press: New York, 2007.